PID:				

Checklist for Milk Supply &

Progress to Oral Feeding (Breast or Bottle)

Date of Birth: Gestation:

To be completed within 2 hours of admission			Date & Signature
1.	Has the importance of colostrum/breast milk been discussed with parents?		
2.	Has the Mother received a hand expressing pack? Has hand expressing technique & frequency been explained? (8+ times/24hrs incl. once at night) Has the milk-log been explained to the Mother?		
3.	At <u>2hrs</u> , has baby received buccal colostrum or a breastfeed? (If not, call midwife or Mother);		
4.	Maternal medications recorded? Medicines in breastmilk information 0121 424 7298.		
To	be completed within 24 - 48 hrs post-delivery/admission	Tick when achieved	Date & Signature
1.	Can the baby have an oral feed? (see overleaf for details);		
2.	Is the Mother now using a double electric breast pump? Have the following been explained: - The importance of expressing 8+ times/24hrs including once during night? - Hand hygiene prior to expressing? - Cleaning, sterilising & storage of pump equipment on the NNU?		
3.	Has the Mother received a pump for home use ? - Has she received information about cleaning her equipment & storing milk at home?		
4.	If Donor Milk or appropriate formula milk are suggested by medical team: - Have the parents given informed consent? - Has the Mother been advised to continue expressing frequently?		
5.	Date & sign when parents have received the following information: - The importance of skin to skin contact /kangaroo care & Bliss leaflet; - Positive touch & containment holding; - Using expressed milk for mouth care & analgesia; - Non-nutritive sucking during tube feeds (includes nuzzling at breast, dipping dummy in EBM); - Reading baby's behavioural cues: & Bliss leaflet: "Look at me I'm talking to you"		
	Check milk volumes DAILY (see attached sheet)		
	Complete the attached chart with the Mother DAILY for the first two weeks.		

Stable and ready to commence oral feeding Baby can commence oral feeds when the following criteria are satisfied: • Tolerating tube feeds • Physiologically stable especially when transferred into KMC – resps <70/min • Able to suckle on a dummy & swallow secretions • Showing feeding cues – rooting, gaping, searching for breast, hand to mouth • Can sustain a quiet alert state for more than just a few minutes	Tick when achieved	Date & Sign
If the Mother wishes to transition her baby to Breastfeed:		
N.B. Breastfed babies should not be offered a bottle for supplementary feeds or at least not until		
breastfeeding is more established i.e. scoring D, E or F for at least 3 breastfeeds within a $24 - 36$ hr period; If bottles are used this must be with the Mother's <i>informed</i> consent.	Tick when achieved	Date & Sign
1. Have the following been explained to parents?		
- The impact of early bottle-use on breastfeeding;		
- How to recognise & respond to feeding and stress cues before, during & after feeds;		
- How to position & attach baby at the breast;		
- How to assess a breastfeed using the Assessment chart;		
- The importance of continued expressing & daily kangaroo care;		
- Normal pattern of breastfeeding as baby approaches term: frequency, duration, wet & dirty nappies,		
weight gain;		
2. Has the opportunity to spend more time with baby to establish breastfeeding been discussed?		
3. Has a "Modified" responsive feeding plan been explained?		
4.Prior to discharge home:		
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Daily Expressed Milk Volumes In MLs	Comments	Action taken: document any discussion or action suggested & sign	
Day 1:	Ensure hand expressing has started;	action suggested & sign	
Day 2:	Ensure expressing x8/24hrs; Incl once at night;		
Day 3:	Ensure double pumping has started; Check funnel size		
Day 4:	Inform Infant feeding nurse if volumes are not increasing every day or if c/o nipple or breast pain;		
Day 5:	Ensure expressing x8/24hrs including once at night;		
Day 6:			
Day 7:	If daily volume is <350mls/day (<700 mls day if twins) inform infant feeding nurse;		
Day 8:			
Day 9:			
Day 10:	If daily volume is < 500 mls /day (<1000 mls/day if twins) inform infant feeding nurse;		
Day 11:			
Day 12:			
Day 13:			
Day 14:	If daily volume <750 mls/day (<1300 mls/day) inform infant feeding nurse;		